



DAILY SELF ASSESSMENT

Do you have ANY of the following symptoms?

- Fever (100.0°F or higher) Cough Shortness of breath Difficulty breathing
 Vomiting Diarrhea Lack of smell or taste (without congestion)

Or do either of the situations below apply to you?

- In the last two weeks, I have cared for, lived with, or had close contact with someone who has COVID-19.
 In the last two weeks, I have been notified that I may have been exposed to COVID-19.

Fold paper here to show below when asked for results of daily self assessment.

- Check here if you answered **NO** to all questions

You may access campus for the day.

- Check here if you answered **YES** to any **ONE** box above

Stay at home.

Undergraduate Students: Please stay in your room or at home. Call Health Services (daytime hours 484-664-3199) or Campus Safety (nights & weekends 484-664-3112) for further information.

GCE students: Please stay or return home and contact your healthcare provider.

Employees: Please stay or return home, contact your healthcare provider, and notify Human Resources (HR@Muhlenberg.edu).

If you have any of the following life threatening symptoms, call 911: *Bluish lips or face; Severe or constant pain or pressure in the chest; Extreme difficulty breathing (gasping for air or cannot talk without catching your breath); Severe and constant dizziness or lightheadedness; Disorientation (acting confused); Recent loss of consciousness, Slurred speech (new or worsening); Seizures, Signs of low blood pressure (too weak to stand, dizziness, lightheaded, feeling cold, pale, clammy skin), Dehydration (dry lips and mouth, not urinating much, sunken eyes)*