The training of correct techniques before the age of 14 is critical. Research has proven that bad technical habits are increasingly more difficult to correct past the age of 14. The seven basic techniques of soccer are:

1. Control (first touch)
2. Passing
3. Dribbling
4. Heading
5. Shooting
6. Tackling
7. GK training - Josh Menditch - Muhlenberg GK coach
   - specialized training for serious GK’s the entire camp.

SMALL SIDED GAME TACTICS

Tactics involve making the correct choices during the game. In soccer we train players to understand correct choices in certain game situations. Should I pass the ball or dribble it; should I pass to Player A or B? Although soccer, at the adult level, is an 11 versus 11 game, it is important to note that, at any one time, only a small portion of the team is involved in the play. In our soccer school we train our players much of the time in the 4v4 format. This gives players in possession 3 choices of pass plus the option of dribbling. The basic shape is of a diamond. Most progressive training ideas today involve small sided training to aid players in making good decisions. It should be remembered by parents and coaches that if children are pushed into full sided soccer too quickly (11v11) then they develop a confused version of mob-ball which is not conducive to good technical or tactical development.

All campers attending the July 14 – 18 camp will have access to lunch time swimming in Muhlenberg’s indoor pool. Certified lifeguards will be on had to monitor all swimming sessions. A certified trainer will be on site during the entire camp week.
MAK3 CHECKS PAYABLE TO:
SEAN TOPPING SOCCER SCHOOL
MAIL TO:
MUHLENBERG COLLEGE MEN’S SOCCER – SEAN TOPPING
2400 CHEW STREET, ALLENTOWN, PA 18104

MULE SOCCER ACADEMY 2014

STAFF:

Past Sean Topping Soccer School Staff:

• Jordie Ciuffetelli - Muhlenberg Assistant Coach
• Kyle Grim - Muhlenberg GK Coach
• Dave Weitzman - FC LVU Girls Director, FC Sonic
• Greg Ramos - FC LVU Boys Director, FC Sonic
• Josh Menditch - Muhlenberg GK Coach, FC LVU
• AJ Barnold - Muhlenberg assistant coach, FC LVU
• Hal Foss - DeSales U. GK Coach, FC LVU GK Coach
• Chris Pachuta - Pleasant Valley HS, FC LVU
• Fernando Carrizo - FC LVU Staff Coach-Little Stars
• Adam Hayne - FC LVU Staff Coach, FC Sonic coach
• Andy Adlar - FC LVU Staff Coach, Drafted to MLS Columbus Crew, Indiana University
• Nate Squire - Muhlenberg - FC Sonic
• Brendan McIntyre - Muhlenberg - FC Sonic
• Skye Rimmel - FC LVU Staff Coach, DeSales assistant coach, FC Sonic
• Matt Emmert - FC LVU Staff Coach
• Are but a few who have worked STSS camps...

2014 SUMMER SCHEDULE

<table>
<thead>
<tr>
<th>Dates</th>
<th>Camp Type</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 14 – 18</td>
<td>SDC: 9am- 3pm $225 Half: 9am-12pm $185 Little Stars: $100</td>
<td>7 – 14 yrs. 7 – 14yrs. 3 – 6 yrs.</td>
</tr>
<tr>
<td>@ Muhlenberg</td>
<td></td>
<td></td>
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</tbody>
</table>

Sibling Discount

$5 off per camper
No stacking discounts!

LVU/Muhlenberg Discount

$15 off per camper
No stacking discounts!

LVU Affiliate Club Discount

$10 off per camper
No stacking discounts!

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Director: Sean Topping

Sean Topping has been the head men’s soccer coach at Muhlenberg College for 12 seasons. He has a career winning record of 139–67–19, has won two Centennial Conference championships, 4 NCAA Tournament appearances. The 2010 squad advanced to the NCAA Sweet 16, finishing the season ranked #12 in the country. Topping is a lehigh valley native attending Nazareth HS before attending Muhlenberg where he helped lead the mules to 3 CC Championships and 4 NCAA bids reaching the NCAA Final Four in 1995.