In the past, an injury or illness would have spurred a visit to the emergency room. But consider the following facts:

- ER average wait time = 3 hours, 37 minutes
- ER average cost = $1,318
- Urgent Care average cost = $329
- Check your benefits plan, Urgent Care & Retail Clinic copayments may be less than an ER copayment
- Higher employer costs lead to higher employee costs through increased deductibles, copays and payroll deductions

According to recent studies, Urgent Care centers and Retail Clinics have become more attractive, at an average wait time of an hour or less, for treating minor illnesses and injuries.

**ER or Urgent Care or Retail Clinic?**

If you experience symptoms of a heart attack or stroke, or feel your “life or limb” is in danger, go directly to an ER or call 911.

Visit an Urgent Care Center or Retail Clinic for:

- Sprains
- Strains
- Minor broken bones
- Mild asthma attacks
- Minor infections
- Small cuts
- Sore throats
- Rashes
- Minor burns
- Urinary tract infections
- Pelvic infections

To find an in-network Urgent Care Center or Retail Clinic log on to: www.highmarkblueshield.com or call 1-866-871-7579

**In-Network Urgent Care Centers & Retail Clinics (as of May 2014*)**

**Patient First Urgent Care**
3178 W. Tilghman Street
Allentown, PA 18104
(610) 844-9150

**Northstar Urgent Care**
430 Nazareth Pike
Nazareth, PA 18064
(610) 365-2300

**St. Joseph Health Network at Maidencreek Urgent Care**
108 Plaza Dr Ste 101
Blandon, PA 19510
(610) 208-4650

**MinuteClinic Diagnostic of PA (Health Clinic/Center)**

**Retail Clinic located inside of CVS**
2434 Catasauqua Rd
Bethlehem, PA 18018
(866) 389-2727

**Retail Clinic located inside of CVS**
155 W Main St
Macungie, PA 18062
(866) 389-2727

**Retail Clinic located inside of CVS**
5801 Tilghman St
Allentown, PA 18104
(866) 389-2727

*Note: it is your responsibility to ensure the providers you utilize are in-network at the time you seek services.